



The Launch Mission Podcast

The Launch Mission Podcast is the cornerstone resource of The Launch Mission Ministry. The podcast starts a new season on the Monday after Labor Day, each year, and walks with a senior class with weekly episodes until the end of July. Each season is filled with interviews with campus ministry leaders, college professors, counselors, college students, authors, and experts on many topics related to the challenges of life after high school. The LaunchPad blog posts weekly questions about the episode as well as features a deeper look into each topic. Here is a step-by-step guide to effectively use The Launch Mission Podcast with high school seniors:

1. Familiarize Yourself with the Podcast & Blog

- **Listen to multiple episodes:** Understand the content, style, and messages of *The Launch Mission Podcast*.
- **Explore LaunchPad Blog:** Browse through the blog to see what additional insights and content complement the podcast episodes.
- **Choose relevant episodes and blog posts:** Select episodes and blog entries that align with the challenges your seniors are facing, such as college transition, faith, leadership, and personal growth.

2. Set Clear Learning Objectives

- **Determine learning goals:** Decide what you want your students to take away from the podcast (e.g., increased confidence in faith, strategies for navigating college life, leadership development).
- **Use both podcast and blog content:** Incorporate specific blog posts that expand on podcast themes, providing more depth to certain topics like maintaining faith in secular environments.
- **Key questions for reflection:** Prepare discussion prompts that encourage deeper thinking. For example:
 - What was the key takeaway from this episode?
 - How does this apply to your transition from high school to college?
 - What biblical principles did you hear, and how can you apply them?

3. Facilitate Group Discussions

- **Host in-depth discussions:** After listening, guide your seniors through the prepared discussion questions. Encourage them to relate personal experiences or concerns about their transition to college.
- **Use breakout groups:** For larger groups, consider breaking into smaller groups for more intimate discussions, then reconvene to share insights.

4. Assign Personal Reflection

- **Journaling or written reflections:** Ask students to write personal reflections on how the podcast has challenged or inspired them. Encourage them to think about how their faith will be tested and strengthened as they move into adulthood.
- **Scripture tie-ins:** Encourage students to select a scripture that relates to the podcast topic and explain its significance.

5. Encourage Practical Application

- **Faith action steps:** Challenge your students to take one action based on what they learned from the podcast (e.g., establishing a prayer routine in college, finding a church on campus, etc.).
- **Mentorship or leadership roles:** Use the podcast's themes on leadership and personal growth to encourage seniors to mentor younger students or take leadership roles within the ministry before graduation.

6. Use the Podcast as a Springboard

- **Integrate with existing curriculum:** Complement The Launch Mission Podcast with other resources in your youth ministry curriculum (e.g., scripture study, service opportunities, or college prep sessions).
- **Invite guest speakers:** If possible, invite relevant speakers to engage with your students from topics of the podcast.

By incorporating The Launch Mission Podcast as a regular part of your high school seniors' spiritual growth, you can provide them with relevant and practical advice as they transition into college and beyond.

For questions about the Launch Mission Podcast, contact Tommy McGregor with The Launch Mission at tommy@thelaunchmission.org. For more on The Launch Mission, go to our website at www.thelaunchmission.org.