MISSION BRIEF

WEEKLY TOPIC SHEET

SUMMARY

Senior year can feel like a race to make sure students know everything they need before they leave home, but Tommy emphasizes that being ready and being prepared are not always the same thing. Students may be excited for independence while still needing to develop practical skills like managing money and time, communicating with professors, building healthy community, and taking ownership of their faith. The Launch Mission Podcast aims to help parents introduce these conversations before challenges arise, giving students a framework for navigating them rather than trying to prevent every problem. Throughout Season 5, parents will hear from college experts, professors, ministry leaders, admissions professionals, authors, and actual college students about the transition into adulthood. Most importantly, Tommy encourages parents to use the podcast as a starting point for meaningful conversations and to gradually move from managing their student's life toward becoming a trusted advisor.

KEY WORDS

- Preparation vs. readiness
- Independence
- Life skills
- Time management
- Money management
- Communication
- Healthy community

THINK ABOUT IT!

What is one area where your senior is ready to take the next step but still needs preparation? How can you help them build the skills, confidence, and wisdom they'll need after high school while gradually giving them more ownership and independence?

ANNOUNCEMENTS

Podcast Episode 155:
A Parent's Guide to Senior Year: For Parents of the High School Class of 2027

Blog Posts:

- Ready Vs. Prepared
- Create More Opportunities to Prepare Your Senior

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ACTIVITY SHEET

MONDAY	Listen to Podcast Episode 155. Write down three ideas that stood out to you. Which one do you think will be most important as you help your senior prepare for life after high school?
TUESDAY	Make two lists: things your senior is excited to do after high school and the skills they'll need to do them well. Think about money management, time management, communication, relationships, and faith. Where could you help your senior grow in preparation?
WEDNESDAY	Choose one topic that might be easy to put off until later, such as managing money, handling roommate conflict, asking a professor for help, or finding community. Start a conversation with your senior about it. What wisdom or practical advice can you share, and what questions do you need to explore together?
THURSDAY	Identify one responsibility you typically manage for your senior. This week, give them the opportunity to take the lead, whether that means making a phone call, managing their schedule, researching an important decision, or budgeting their money. How can you guide them without taking over?
FRIDAY	Write down three skills or areas of growth you want to help your senior develop before graduation. For each one, identify one practical opportunity you can create this month to help them practice. Consider how you can gradually shift from managing their responsibilities to serving as a trusted advisor.