MISSION BRIEF

WEEKLY TOPIC SHEET

SUMMARY

Artificial intelligence is changing the way students learn, work, and prepare for their futures, but knowing how to use it responsibly is more important than ever. JD Hettema, AI expert and former pastor, joins Tommy to explore both the opportunities and challenges AI presents for high school and college students. He explains why students should avoid using AI as a substitute for critical thinking, creativity, or meaningful relationships while embracing its potential to help with research, studying, organization, and time management. JD also shares practical examples of using AI to create flashcards, organize class schedules, summarize information, and explore new ideas, while emphasizing the importance of verifying information and maintaining academic integrity. Throughout the conversation, he encourages students to approach AI with wisdom, develop their own skills, and remember that technology should support their growth rather than replace it.

KEY WORDS

- Artificial Intelligence
- Academic Integrity
- Critical Thinking
- Time Management
- Study Skills
- Responsible Technology Use

THINK ABOUT IT!

What are some practical ways you could use AI to improve your study habits, manage your schedule, or stay organized without compromising your academic integrity?

ANNOUNCEMENTS

Podcast Episode 165:
How to Use Ai in College, and How Not to Use It

Blog Posts:

- 5 Faith Habits to Start Building Before College
- Is Your Faith Actually Yours?

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ACTIVITY SHEET

MONDAY	Listen to Episode 164 featuring JD Hettema. Write down three takeaways about using AI responsibly. How can AI help you succeed without replacing your own thinking and learning?
TUESDAY	AI can be a helpful study tool. Choose a topic you're currently learning and use AI to create practice questions or flashcards. Test yourself and reflect on whether it helped you understand the material.
WEDNESDAY	JD emphasizes using AI as a tool, not a shortcut. Review your school's AI guidelines and write down three ways you can use AI responsibly without compromising your honesty or learning.
THURSDAY	AI can help you manage assignments and deadlines. Try using an AI tool to create a study schedule for your upcoming week. Review its suggestions and adjust the plan to fit your priorities.
FRIDAY	Read James 1:5 and reflect on where you turn for guidance. AI can offer information and ideas, but it cannot replace godly wisdom or meaningful relationships. Identify someone you trust who you can turn to for advice.