MISSION BRIEF

WEEKLY TOPIC SHEET

SUMMARY

College brings new opportunities, responsibilities, and challenges that can test even the strongest foundations. University of Richmond senior and student-athlete Parker Moellinger joins Tommy to reflect on his transition from high school to college and the lessons he's learned along the way. He shares how balancing competitive golf, demanding academics, and friendships challenged his priorities and taught him the importance of finding his identity in Christ rather than his accomplishments. Through seasons of disappointment, loneliness, and overwhelming schedules, Parker discovered the value of consistent time in God's Word and surrounding himself with a supportive Christian community. His story encourages high school seniors to establish their priorities, develop intentional spiritual habits, and prepare to keep Christ at the center of their lives as they enter college.

KEY WORDS

- Identity in Christ
- Faith
- Priorities
- Christian Community
- Perseverance
- Spiritual Discipline

THINK ABOUT IT!

Are there activities, achievements, or expectations that sometimes influence how you see yourself? How can you begin grounding your identity more firmly in Christ rather than your performance?

ANNOUNCEMENTS

Podcast Episode 163:
College Student Testimony

Blog Posts:

- 6 Life Skills Every High School Senior Should Learn Before College
- What Does It Actually Mean to Grow Up?

ACTIVITY SHEET

MONDAY	Listen to episode 163 of The Launch Mission Podcast featuring Parker Moellinger. Write down three takeaways from his college experience. What did you learn about balancing responsibilities while keeping your faith a priority?
TUESDAY	Parker shares how easy it is to tie your worth to achievements. Think about something you place pressure on yourself to succeed in. How does remembering your identity in Christ change the way you approach success and failure?
WEDNESDAY	Parker learned that spending time with God helped him navigate a busy schedule. Set aside time today to read Scripture or pray. What is one habit you can begin building now to keep Christ at the center of your college experience?
THURSDAY	Christian friendships and accountability helped Parker grow in college. Research a church or campus ministry at a college you're considering. How could surrounding yourself with people who share your faith help you navigate challenges?
FRIDAY	Read Matthew 6:33 and reflect on what it means to seek God first. Write down three priorities you want to carry into college. What practical steps can you take now to make sure your faith remains your foundation?